

ESICIT 2026

14th

EGYPTIAN SOCIETY
of Intensive Care and Trauma

Dr. Mohamed Ismael
President

Dr. Sherif Wadie
Vice Chairman

Dr. Adel Mohamed Alansary
Secretary General

Dr. Mohamed Elfeky
Treasurer



19-20 November 2026



Helnan Landmark Hotel, New Cairo



DAY 1

2026-11-19

Intensive Care Medicine

Time: 10:00 AM – 6:00 PM

Duration of Each Lecture: 15 Minutes

Time	Lecture Title	Speaker
10:00 – 10:15	Opening Remarks & Welcome Address	Prof. Dr. Hatem Hamed Elatroush
10:15 – 10:30	Sepsis and Septic Shock: Current Management Strategies	Prof. Dr. Sherif Mokhtar
10:30 – 10:45	Early Recognition and Management of Septic Shock	Prof. Dr. Mohamed Ali Hammouda
10:45 – 11:00	Hemodynamic Monitoring in the Critically Ill Patient	Prof. Dr. Hossam Mowafi
11:00 – 11:15	Fluid Management in the ICU: How Much Is Enough?	Prof. Dr. Hanan Elsayed Hassan
11:15 – 11:30	Vasopressors in Septic Shock: Practical Approach	Prof. Dr. Khaled Mohamed Taema
11:30 – 11:45	Coffee Break	—
11:45 – 12:00	ARDS: Current Concepts and Treatment Strategies	Prof. Dr. Ahmed Ghaly
12:00 – 12:15	Lung-Protective Ventilation in ARDS	Prof. Dr. Mohamed Hamdi Saleh
12:15 – 12:30	Difficult Weaning from Mechanical Ventilation	Prof. Dr. Hossam Sherif
12:30 – 12:45	Non-Invasive Ventilation in Acute Respiratory Failure	Prof. Dr. Ahmed Mukhtar
12:45 – 1:00	High-Flow Nasal Oxygen: When and How to Use It	Prof. Dr. Alia Abd El Fattah
1:00 – 1:15	Practical Approach to Acute Kidney Injury in the ICU	Prof. Dr. Gamal Shaaban
1:15 – 2:15	Lunch Break	—
2:15 – 2:30	ECMO in Severe Respiratory Failure: Patient Selection	Prof. Dr. Akram Mohamed Abdel-Bary Ahmed
2:30 – 2:45	Cardiogenic Shock: Contemporary Management	Prof. Dr. Adel Abd El-Fattah
2:45 – 3:00	Point-of-Care Ultrasound in Critical Care	Prof. Dr. Hossam Mowafi
3:00 – 3:15	Critical Care Echocardiography: What Every Intensivist Should Know	Prof. Dr. Hossam Sherif
3:15 – 3:30	Acute Right Ventricular Failure in the ICU	Prof. Dr. Ahmed Ghaly
3:30 – 3:45	Coffee Break	—
3:45 – 4:00	Neurocritical Care: Initial Management of Acute Brain Injury	Prof. Dr. Moamen Yehia Arafa
4:00 – 4:15	Intracranial Pressure Monitoring: Practical Updates	Prof. Dr. Mohamed Mostafa Abdel Salam Megahed
4:15 – 4:30	Nutrition in the Critically Ill Patient	Prof. Dr. Hanan Elsayed Hassan
4:30 – 4:45	Delirium in the ICU: Prevention and Management	Prof. Dr. Sameh El Maraghi
4:45 – 5:00	Acid–Base Disorders: A Practical Approach	Prof. Dr. Mohamed Hosni Abdallah
5:00 – 5:15	Acute Liver Failure in the ICU	Prof. Dr. Hatem Hamed Elatroush
5:15 – 5:30	Massive Transfusion and Coagulopathy in Critical Care	Prof. Dr. Akram Fayed
5:30 – 5:45	ICU Patient Safety and Prevention of Medical Errors	Prof. Dr. Mohamed Ismail
5:45 – 6:00	Day 1 Take-Home Messages & Closing Discussion	Faculty Panel

DAY 2

2026-11-19

Anesthesiology & Perioperative Critical Care

Time: 10:00 AM – 6:00 PM
Duration of Each Lecture: 15 Minutes

Time	Lecture Title	Speaker
10:00 – 10:15	Opening Remarks & Highlights from Day 1	Prof. Dr. Sanaa Abd ElKareem Helmy
10:15 – 10:30	Preoperative Assessment: What the Anesthesiologist Should Know	Prof. Dr. Yehia H. Khater
10:30 – 10:45	Modern Approaches to General Anesthesia	Prof. Dr. Mohammed Abd Elkhalek Mohammed Aly
10:45 – 11:00	Patient Safety in Anesthetic Practice	Prof. Dr. Eman Ahmed Fouad Ali
11:00 – 11:15	Difficult Airway Management: Practical Strategies	Prof. Dr. Maged Salah Mohamed
11:15 – 11:30	Ultrasound-Guided Regional Anesthesia: Tips and Tricks	Prof. Dr. Ghada Aly Hassan Ibrahim
11:30 – 11:45	Coffee Break	—
11:45 – 12:00	Perioperative Hemodynamic Management	Prof. Dr. Hassan Mohamed Ahmed
12:00 – 12:15	Goal-Directed Fluid Therapy in Major Surgery	Prof. Dr. Salah El-din Ibrahim Alsherif
12:15 – 12:30	Anesthesia for High-Risk Surgical Patients	Prof. Dr. Osama Abdelhay Kassem
12:30 – 12:45	Anesthetic Management of the Cardiac Patient	Prof. Dr. Fawzia Abu Elfottouh
12:45 – 1:00	Anesthesia for Thoracic Surgery: Current Concepts	Prof. Dr. Haha Mohey El-Deen El-Gendy
1:00 – 1:15	Postoperative Respiratory Failure: Prevention and Management	Prof. Dr. Nevine Mahmoud Gouda
1:15 – 2:15	Lunch Break	—
2:15 – 2:30	Enhanced Recovery After Surgery (ERAS): The Anesthesiologist's Role	Prof. Dr. Sanaa Abd ElKareem Helmy
2:30 – 2:45	Perioperative Anaphylaxis: Recognition and Management	Prof. Dr. Fatma Ahmed Abd El Aal
2:45 – 3:00	Blood Conservation and Patient Blood Management	Prof. Dr. Essam Ezzat Abdel Hakeem Seleem
3:00 – 3:15	Anesthesia for Emergency Surgery	Prof. Dr. Alaa Mohamed Ahmed Atia
3:15 – 3:30	Anesthesia for Trauma and Hemorrhagic Shock	Prof. Dr. Hassan Mohamed Ahmed
3:30 – 3:45	Coffee Break	—
3:45 – 4:00	Postoperative Delirium and Cognitive Dysfunction	Prof. Dr. Nevine Mahmoud Gouda
4:00 – 4:15	Perioperative Acute Kidney Injury: Risk Reduction Strategies	Prof. Dr. Maged Salah Mohamed
4:15 – 4:30	Pain Management After Major Surgery	Prof. Dr. Amr Abdelfatah
4:30 – 4:45	Regional Anesthesia in the Era of Ultrasound	Prof. Dr. Ayman Abdalmaksoud Yousef
4:45 – 5:00	Anesthesia for Pediatric Surgical Patients: Key Considerations	Prof. Dr. Nevine Mahmoud Gouda
5:00 – 5:15	Anesthesia for Obese Patients: Challenges and Solutions	Prof. Dr. Mohammed Abd Elkhalek Mohammed Aly
5:15 – 5:30	Perioperative Cardiac Arrest: Prevention and Immediate Management	Prof. Dr. Sherif Wadih Nashed
5:30 – 5:45	The Future of Anesthesia and Intensive Care: AI and New Technologies	Prof. Dr. Mohamed Ismail
5:45 – 6:00	Closing Ceremony & Conference Take-Home Messages	Faculty Panel