



ECHOES OF CONSENSUS *Conference*

**Advancing Diabetes Care with
Fixed Ratio Combinations**



9 – 10 July 2026



**Hilton King's Ranch Hotel
Borg El Arab, Alexandria**

DAY 1

Thursday 9th of July 2026



5:00 – 6:00 PM

REGISTRATION

SESSION



6:00–6:40 pm

Chairpersons:

Prof Talaat Abdelaty' – Prof Samir Helmy – Prof Yehia Ghanem –
Prof Mohamed Abdel Raouf – Prof Magdy Helmy

6:00 – 6:20 pm

**The Burden of Type 2 Diabetes in Egypt and
the National FRC Consensus: Why
It Matters and How It Was Developed**

Samir Helmy Assaad
Alexandria University

6:20 – 6:40 pm

**When OADs or GLP1- RAs Alone are Not
Enough: Expert Recommendations
for the Next Step**

Azza Abdelkerim
Alexandria University

SESSION



6:40 – 7:30 pm

Chairpersons:

Prof Samir Helmy Assaad – Prof Talaat Abdel Aaty– Prof Noha
Gaber – Prof Azza Abdel Kerim

6:40 – 7:10 pm

**Soli-SWITCH Study: Simplifying Diabetes
Management—Switching from
Premix to iGlarLixi for Better Outcomes**

Yehia Ghanem
Alexandria University
Sanofi Symposium

7:10 – 7:30 pm

**FRCs Evidence versus Premix: Expert
Guidance on Simplifying Treatment
Without Losing Control**

Magdy Helmy
Alexandria University

7:30 – 7:50 pm

Break

SESSION

3

7:50–9:00 pm

Chairpersons:

Prof Talaat Abdel Aaty -Prof Yehia Ghanem -Prof Samir Helmy Assaad

7:50 – 8:10 pm	Special Clinical Situations in Type 2 Diabetes: Tailoring Injectable Therapy and Optimizing Care with CGM, Older Adults and Cardiorenal Disease	Noha Gaber Alexandria University
8:10 – 8:30 pm	Less Can Be More: From Complex Regimens to Single-Injection Optimization	Mohamed Abdel Raouf Menoufeya University
8:30 – 8:50 pm	Integrating BGM tools to Maximize Injectable Success	Duaa Allam Sanda care Company Symposium
8:50 – 9:00 pm	Closing Remarks	All Panelists
9:00 – 11:00 pm	Dinner	



DAY 2

Friday 10th of July 2026



WORKSHOP

10:00 am – 12:00 pm

Clinical Workshop on Injectable Diabetes Management: Case-Based Approaches Including FRC Strategies

Room 1 (Parallel workshop)

Speaker:

Amr El Feky

Alexandria University

Chairperson:

Prof Azza Abdel Kerim

Alexandria University

Prof Talaat Abdel Aaty

Alexandria University

Prof Yehia Ghanem

Alexandria University

Room 2 (Parallel workshop)

Speaker:

Shaymaa El Rahmany

Alexandria University

Chairperson:

Magdy Helmy

Alexandria University

Noha Gaber

Alexandria University

Prof Samir Helmy

Alexandria University

Mohamed abdel raouf

Menoufeya university

10:00 am –
10:40 am

**Clinical Case scenario Pathways for Treatment
Intensification post OADs**

10:40 am –
11:20 am

**Clinical Case scenario Pathways for Treatment
Intensification post Premixed insulins**

11:20 am –
12:00 pm

**Clinical Case scenario Pathways for Treatment
Intensification post Basal insulins**



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