

3rd DEDA ANNUAL CONFERENCE

DELTA ENDOCRINE & DIABETES ASSOCIATION



18&19
June 2026

WADY ELAMAR VILLAGE

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طريق المحلة طنطا

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DEDA Coordinator
Prof. Rada Zeima

DEDA General Secretary
Dr. Sabry Albahy





REGISTRATION

09:00 - 09:30 AM



Session

Cases from our practice

CHAIRPERSONS

ALPHABETICAL ORDER

Prof. Ahmed Mashaal

Prof. Hamdy Elseheily

Prof. Kamal Saleh

Prof. Talaat Ashour

Prof. Waleed Tolba



09:30 - 09:45 **Case 1**

Prof. Dina abo-Assy - Tanta University



09:45 - 10:00 **Case 2**

Prof. Abdelkader Khattal - Tanta University



10:00 - 10:15 **Biomed Symposium**

Prof. Yasser Hafez - Tanta University



10:15 - 10:30 **Case 3**

Prof. Doaa Ageez - Mansoura University



10:30 - 10:45 **Alesraa Symposium**

Prof. Bahaa Sharaf Eldin



10:45 - 11:00 **Biomed Symposium**

Prof. Fawzy Elmosallamy - Zagazig University



02 Session



11:00 – 11:30 ACRMA (Atco CRM Academy,
sponsored by ATCO)

CHAIRPERSONS
ALPHABETICAL ORDER

Prof. Fawzy Almosalamy
Prof. Dina Elnagar

Prof. Megahed Abo Elmagd

Prof. Mohamed Elsayed

MODERATOR

EXPERT PANEL

Prof. Magdy Almasry - Professor of cardiology Tanta University
Prof. Mohamed Yaqoot - Professor of Cardiology Tanta University
Prof. Ahmed Alkasaby - MD and Consultant of Nephrology, Tanta University

03 Session

CHAIRPERSONS
ALPHABETICAL ORDER

Dr. Ahmed Elmorsy
Prof. Alaa Badawy
Dr. Faten Anter

Dr. Mahmoud Mazzika
Dr. Wael Sabala
Dr. Wael Goda



11:30 – 11:55 **Double edged sword: Cardiovascular risks of of growth hormone excess and deficiency**

Prof. Hanan Abd-Elhay - Mansoura University
Prof. Alaa Saed - Mansoura University



11:55 – 12:05 **The Invisible Battle: How Antioxidants Protect Human Health AUG Symposium**
Prof. Mohamed Shawky



12:05 – 12:15 **Servier Symposium**
Prof. Alaa saed - Mansoura University



04

Session

Adrenal heart crosstalk

CHAIRPERSONS
ALPHABETICAL ORDER

Prof. Dina Elnagar
Prof. Ekram Zakaria
Prof. Reham Alsehly

Dr. Rasha Ezzat
Prof. Reda Zeima



12:15- 12:30 Charting the future of diabetes medications

Prof. Mohamed Awad - professor of medicine, Endocrinology and diabetes division zagazig faculuto of medicine



12:30- 12:45 Red flag in high blood pressure patient When to look beyond essential hypertension

Prof. Haithem Badr



12:45 - 01:00 The silent driver, Aldosterone excess in HTN (Resistant hypertension)

Prof. Hossam Hosny



01:00 - 01:15 From fat distribution to fibrosis (The systemic cardiovascular toll of cortisol excess)

Prof. Mohamed Roshdy



01:15 - 01:30 Symposium Rameda Gliptalina

Prof. Rania Bahariz

01:30 - 02:00

Coffee break and prayer



02:00 - 02:30

Opening ceremony



Day 1
18 June 2026

05

Session

Thyroid - heart crosstalk

CHAIRPERSONS

ALPHABETICAL ORDER

Dr. Abdelrahman Salama

Prof. Emad Mishriqi

Dr. Mohamed Abdelgawad

Dr. Mostafa Elgohary

Dr. Mohamed Ramzy



**02:30- 02:45 From Sub clinical thyrotoxicosis to thyrotoxic crisis
(The spectrum of thyroid induced cardiac disease)**

Prof. Hossam Ghazi - Mansoura University



**02:45 - 03:00 From subclinical hypothyroidism to myxoedema
(The spectrum of thyroid induced cardiac disease)**

Prof. Mohamed Sallam - Zagazig University



**03:00 - 03:15 Drug induced endocrinal disruption (when
cardiovascular therapy impact endocrine balance)**

Prof. Mohamed Elsayed - Mansoura University



03:15 - 03:30 More than a cycle: The vascular implication of PCOS

Prof. Mohamed Shawky - Banha University



03:30 - 03:45 EVA Symposium

Prof. Hatem Salem - Zagazig University



Day 1

18 June 2026

06

Session

CHAIRPERSONS
ALPHABETICAL ORDER

Dr. Abdelmoneim Attia
Prof. Ekram Zakaria
Dr. Hamdy Elseheily

Prof. Hatem Salem
Prof. Mohamed Sallam



03:45 – 04:15 **Best of ADA 2026**

Prof. Megahed Abo Elmagd - Mansoura University



04:15 – 04:25 **Vit D and diabetes**

Dr. Ahmed Ibrahim



04:25 – 04:35 **Functional dyspepsia in diabetics, not just GERD**

Dr. Abdelnasser Fetouh



04:35 – 04:50 **Symposium HIKMA Empagliforin**

Prof. Mohamed Elsayed - Mansoura University



04:50 – 05:05 **Xeedia symposium**

Prof. Ahmed Elsawaf



05:05 – 05:15 **Sanofi Symposium**

Dr. Nader Algarhy



05:15 – 05:25 **Utopia symposium**

By Utopia Team

Workshop 7

Basic Life Support (BLS)
Dr. Walaa Shoeib



05:25 – 05:55



05:55 – 06:00 *Closure and Lunch*





Day 2
19 June 2026



REGISTRATION

09:00 - 09:30 AM

Workshop 2

Medical ethics and law
Prof. Emad Mishriqi



09:30 - 10:30

Workshop 3

EUS magic



10:30 - 11:30

Prof. Ahmed Salem
Prof. Ekram Zakarya
Dr. Hafez Elfeky
Prof. Hamdy Alseheily
Prof. Han Zada Elmagharaby



10:30 - 11:00 **Prof. Wael Farrag** - Tanta University
Prof. Ahmed Fekry - Tanta University



11:00 - 11:15 **Mounjaro**
Prof. Mohamed Elsayed - Mansoura University



11:15 - 11:30 **AI Esraa Symposium (Larosuzet)**
Prof. Ahmed Eissa - Tanta University



Day 2
19 June 2026

01 Session

Metabolic bone diseases

CHAIRPERSONS
ALPHABETICAL ORDER

Prof. Mohamed Elsayed
Prof. Reham Elsehly
Prof. Victor Philips

Dr. Wael Goda
Prof. Wesam Elreweny



11:30 - 11:45 **Assessment of bone turnover and bone quality**
Prof. Ahmed Sabaawy - NIDE



11:45 - 12:00 **Post parathyroidectomy hypocalcaemia**
(What clinician needs to know)
Prof. Eslam Eid - Mansoura University



12:00- 12:15 **Sequential therapy of optimizing BMD, from PTH to Bisphosphonate**
Prof. Yasser Abdelraouf - Tanta University



12:15- 12:30 **Zeta Symposium**
Prof. Mahmoud Hemeida - Al Azhar University



12:30- 12:45 **Neurovit power Pharco Symposium**
Prof. Mahmoud Azgola



12:45 - 01:45 | *Gomaa prayer and Coffee Break*



Day 2
19 June 2026

02

Session

Al-Azhar university

CHAIRPERSONS
ALPHABETICAL ORDER

Prof. Elsayed Abdelfatta
Prof. Ingy Abdelwahab
Prof. Mahmoud Hemeida

Prof. Nashwa Algharabawy
Dr. Shereif Sabry



01:45- 02:00 Non albuminuric diabetic kidney disease: the hidden threat

Prof. Eman Mahmoud - Al Azhar University



02:00- 02:15 T2DM remission: redefining the disease and goal of treatment

Prof. Olfat Fawzy - Al Azhar University



02:15 - 02:30 Diabetic neuropathy

Prof. Hanaa Kandil - Al Azhar University



02:30 - 02:45 Alesraa Symposium
Dr. Sabry Albahey



02:45 - 03:00 Biomed Symposium (Gabimedra)
Dr. Nader Algarhy



03:00 - 03:15 Biomed Symposium (Finoxlab)
Prof. Talaat Abd Elaty - Alexandria University



03

Session

In collaboration with Egyptian society of diabetic foot (ESDF)

CHAIRPERSONS
ALPHABETICAL ORDER

Prof. Ayman Albadawy
Prof. Ahmed Albeheiry
Prof. Eman Mahmoud

Prof. Hanaa Kandil
Prof. Olfat Fawzy
Prof. Roshdy Khalfallah



03:15 - 03:30 Diabetic foot: when to act and when to refer
Prof. Hanan Gawish - Mansoura University



03:30 - 03:45 The hidden vascular burden of diabetes
Prof. Fady Azmy - Mansoura University



03:45 - 04:00 Atypical Neuropathy
Prof. Aya El Bialy - Mansoura University



04:00 - 04:15 Rameda Symposium (Sugarlo plus)
Prof. Nashwa Algharabawy - Tanta University



04:15 - 04:30 Pharco Symposium (Dexiglofozin)
Prof. Aya Elbialy - Mansoura University



04:30 - 04:45 Gypto Symposium (Basalin)
Prof. Fady Azmy - Mansoura University



04:45 - 05:00 Inhaled insulin; Another valid option
Prof. Usama Hamdy - Harvard University

Workshop 4

Nuclear medicine and thyroid



05:00 - 05:30

Prof. Ahmed Ebeid - (Professor of radiology, Kafr Elsheikh university)



04

Session



05:30 – 06:15 **Anti-oxidant fact or fiction ?**

CHAIRPERSONS

ALPHABETICAL ORDER

Prof. Ahmed Alkasaby
Prof. Ahmed Mashaal
Prof. Emad Mishriqi

Prof. Hamdy Elseheily
Prof. Victor Philips

Prof. Ahmed Eissa
Prof. Nashwa Elgharabawy

MODERATORS



05:30 – 05:40



05:40 – 06:15 **Oxidative stress and role of anti-oxidant**
Prof. Mahmoud Elmazyen

EXPERT PANEL

Antioxidant and thyroid disorders

Prof. Ingy Abd Elwahab - Tanta University

Antioxidant and Prediabetes

Prof. Wael farrag

Antioxidant and CKD

Prof. Gamal Alnagar - Tanta University

Anti oxidant and neuropathy

Prof. Mahmoud Hemeida - Al Azhar University

Antioxidant and MASLD, MASH

Prof. Amr Elrabat - Mansoura University

Antioxidant and diet

Prof. Eman Rashed - (NIDE)



06:15 – 06:25 **NASH Symposium**

Prof. Moustafa Abo Elyazid - Benha University



06:25 – 06:40 *Closure and Lunch*



See you next year

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