



Cardio Spirit
TANTA
Women@heart



Scientific Program

📍 **Helnan Landmark Hotel,**
CAIRO, Egypt

25th
JUN
2026
CAIRO



Cardio Spirit TANTA Women@heart



Under Patronage of



Prof. Mohammed Hussein
President of Tanta University



Prof. Hatem Amin
Vice President of Tanta University
for Postgraduate Studies and Research



Prof. Mohamed Hantera
Dean of Faculty of Medicine,
Tanta University



Prof. Mohamed Al bedawy
Vice dean of faculty for Postgraduate
Studies and Research, Tanta University

Chairman of The Conference



Prof. Dr. Raghda Elsheikh
Head of Cardiology Department
Tanta University



Prof. Dr. Taghreed Helal
President of Heart Diseases
in Women WG at EgSC





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President of Heart Diseases
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Cardiology Department, Tanta University

in collaboration with

Working Group of Heart Diseases in Women, EgSC

9th Annual Conference of WG



Prof. Dr. Mohamed Abdelghany



Prof. Dr. Raghda Elsheikh



Prof. Dr. Taghreed Helal



Prof. Dr. Mahmoud Soliman



Prof. Dr. Hebatallah Attia



Prof. Dina Abdel Salam



Dr. Soha Haikal

**Helnan Landmark Hotel,
CAIRO, Egypt**

**25th
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CAIRO**

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Welcome Message

Dear Distinguished Guests, Esteemed Faculty Members, Colleagues, and Participants,

Cardiology Department, Tanta University, in collaboration with the Working Group of Heart Disease in Women, Egyptian Society of Cardiology (Eg SC) are pleased to have you joining CardioSpirit Tanta, Women@Heart Conference.

This meeting reflects our shared commitment to advancing cardiovascular medicine through scientific excellence, interdisciplinary collaboration, and continuous professional development. Bringing together renowned experts and dedicated healthcare professionals, the conference provides a unique platform for the exchange of knowledge, the discussion of emerging evidence, and the exploration of contemporary challenges in cardiovascular care, with particular emphasis on women's cardiovascular health.

We are honored by the participation of our distinguished faculty and grateful to all attendees whose presence contributes to the success and impact of this scientific gathering. We trust that the carefully curated program will stimulate meaningful discussions, inspire new perspectives, and foster lasting professional connections.

A special highlight of this year's meeting is the inclusion of four comprehensive workshops addressing different domains of cardiovascular medicine. Led by experienced faculty and experts, these interactive sessions aim to translate knowledge into practice, offering participants valuable hands-on training and practical insights into current techniques, technologies, and clinical decision-making.

We sincerely hope that this conference will provide a rewarding experience, and strengthen enduring collaborations.

Wish you a productive and successful conference

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Scientific Committee

Ahmed Farouk
Ahmed Mahmoud
Ahmed Mohamed
Ahmed Mohamed Zaghlol
Ahmed Mosad
Aliaa El-Sayed
Amany Mohame
Amr Fayez
Asmaa Ramadan
Ayman Ahmed
Ayman Ahmed
Ayman El-Said
Dina Abdelsalam
Ebtsam Khirat
Ehab Abdellatif
Ehab Hamdy
Ekram Sadek
Eman Abdelhady
Eman Hassan
Enas El-Sayed
Fathia El-Sheshtawy
Fatma Abo El-Soud
Hanan Kasem
Hanan Saad
Hazem Kamel
Heba Attia
Magdy El-Masry
Mahmoud Abdelkhalek
Mahmoud El-Amrousy
Mahmoud Nesim
Mahmoud Soliman
Mai Salama
Medhat Ashmawy
Mohamed Abdelall
Mohamed Ahmed

Mohamed Ahmed
Mohamed Ali
Mohamed Baioumy
Mohamed El-Setiha
Mohamed Ezzelregal
Mohamed Nesim
Mohamed Salah
Mohamed Tayel
Mona Adel
Nouran Ebrahim
Nouran Mostafa
Osama Mamdouh
Raghda El-Sheikh
Raghda Ghonimy
Ramy Mohamed
Randa Abdelmaged
Reham Abomagd
Reham Mostafa
Sahar El-Shedody
Sally Mohamed
Salma Mohamed
Sameh Mohamed
Sameh Samir Khalil
Samia Sharaf El-Din
Sara Ebrahim
Seham Badr
Shimaa Abo Bakr
Soha Abdelhamid
Soha Heikal
Suzan Bioumy
Taghreed Helal
Timoor Mostafa
Waleed Abdalla
Yasser El-Barbary

PROGRAM AT A GLANCE

Page	ITEM	Time
7 & 8	<i>Session1</i> Understanding the Unique Cardiovascular Risk Profile in Women	10:00 – 11:15 AM
8	<i>Session2</i> The CardioArena: Vote, Diagnose, Decide I	11:15 – 11:20 AM
9	<i>Session3</i> Guidelines vs Reality I: Cardiology Practice in Egypt	11:20 – 11:32 AM
9	Opening Ceremony	11:35 – 12:30 PM
9	Break I (Main Hall)	12:30 – 01:00 PM
10	<i>Session4</i> Cardiovascular diseases in women	01:00 – 02:00 PM
10	<i>Session5</i> The Cardio Arena: Vote, Diagnose, Decide II	02:00 – 02:05 PM
11	<i>Session6</i> Cardiac Intervention in Women	02:05 – 03:20PM
11	Break II	03:20 – 03:30PM
12	<i>Session7</i> The Cardio Arena: Vote, Diagnose, Decide III	03:30 – 03:45 PM
12	<i>Session8</i> Guidelines vs Reality: Cardiology Practice in Egypt II	03:45 – 03:57PM
13	<i>Session9</i> Pregnancy, Prevention, and Future Directions in Women's Cardiovascular Health	03:57 – 04:56 PM
14	<i>Session10</i> The Cardio Arena: Vote, Diagnose, Decide IV	04:56 – 05:01 PM
15	<i>Session11</i> Clinical cases presentations	05:15 – 06:15 PM
15	Closing Remarks & Prizes	06:15 – 06:30 PM
17 : 22	Workshops	09:30 – 05:30 PM

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Registration

9:00–10:00 am



10:00 am–11:15 am

Understanding the Unique
Cardiovascular Risk Profile in Women

Moderators

Prof. khaled elnady, Prof. Mahmoud Soliman

Chairperson: (Alphabetically)

Ahmed Metawea, Ahmed Sabry, Fawzy Amar, Hamada Ghanem, Hossam Abdelbaset
Hossam Beshr, Islam Shawky, Mervat Abulmatty, Mohamed Osama, Mohamed Sabry,
Mostafa Mokkarab, Sherif Saqr, Tarek Elkholy, Wael Haseeb

10:00 –10:12	Traditional and Emerging Risk Factors for Atherosclerotic Cardiovascular Disease in Women.	Prof. Taghreed Helal
10:12 – 10:15	Discussion	
10:15–10:27	Sex Based Differences in Cardiac Anatomy, Electrophysiology and Autonomic Regulation. Discussion	Dr. Waleed Roshdy
10:27 – 10:30	Discussion	
10:30– 10:42	Sex Differences in ANOCA Patients with Confirmed Coronary Vasomotor Dysfunction.	Prof. Osama Shoeib
10:42 – 10:45	Discussion	

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Session 1

Understanding the Unique Cardiovascular Risk Profile in Women

10:00 am-11:15 am

10:42 - 10:45	Discussion	
10:45- 10:57	Sex Specific Differences in Heart Failure.	Prof. Shimaa Bakr
10:57 - 11:00	Discussion	
11:00-11:12	CHD in Women, New Expanded Group of Patients.	Prof. Suzan Bayoumi
11:12 - 11:15	Discussion	

Session 2

The CardioArena: Vote, Diagnose, Decide I

11:15-11:20

Moderator

Prof. Dina Abdelsalam

11:15-11:20	ECG quiz.	Prof. Mohmaed Byoumi
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Guidelines vs Reality I: Cardiology Practice in Egypt

11:20-11:32

Moderator

Prof. Dina Abdelsalam

11:20-11:30

Guidelines vs Reality: Why Can't We Fully Apply Cardiology Guidelines in Egypt.

Prof. Fatma Abulsoud

11:30 - 11:32

Discussion



Opening ceremony

11:35-12:30 pm

Chairperson: (Alphabetically)

Ahmed Zaghloul, Ayman Elsaed, Hazem Khamees, Heba Attia, Khairy Abdeldayem, Khaled Shokry, Mahmoud Soliman, Mai Hamdy Elsaied, Mai Salama, Medhat Ashmaway, Mohamed Elsetiha, Mohamed Noomany, Nohamed Abdelghany, Raghdad Elsheikh, Sameh Emeel, Sameh Shaheen, Taghreed Helal



Break

12:30-01:00 pm (main hall)

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Session 4

Cardiovascular diseases in women

01:00–02:00 pm

Moderators

Prof. Hebatallah Attia

Prof. Mohamed Hegab

Chairperson: (Alphabetically)

Adel Allam, Ahmed Elsayah, Ahmed Magdy, Alaa Elghamrawy, Aliaa Abdelfatah, Amgad Elsharkawy, Ashraf Reda, Hala Nageeb Hosny, Hanan Kasem, Khairy Abdeldayem, Mahmoud Yousef, Mohamed Khedr, Moheb Magdy, Randa Abdelmegeed, Reda Bayoumi, Soha Heikel, Taghreed Helal

01:00 – 01:12	Coronary Artery Disease Remains the Leading Cause of Death in Women: What are we Doing to Address This?	Prof. Magdy Abdelhamed
01:12 – 01:15	Discussion	
01:15 – 01:27	Menopause and Cardiovascular Aging.	Prof. Hebatallah Attia
01:27 – 01:30	Discussion	
01:30 – 01:42	The Hidden Burden: Psychosocial Stress & Women's Heart Health.	Prof. Ahmed Elghalid
01:42 – 01:45	Discussion	
01:45 – 01:57	Cardiac Imaging in Women: Solving Diagnostic Dilemmas.	Prof. Ibtisam Khairat
01:57 – 02:00	Discussion	

Session 5

The Cardio Arena: Vote, Diagnose, Decide II

2:00–2:05

02:00–2:05

Echo quiz I

Prof. Mona Adel

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Cardiac Intervention in Women

02:05- 03:20 pm

Moderators

Prof. Ayman Abulmagd

Prof. Mohamed Salama

Chairperson: (Alphabetically)

Ahmed Elbarbary, Ahmed Elghalid, Ahmed Emad, Basem Abdelhameed, Elatafy Elmetwally, Ghada Kazamel, Hesham Salah, Mahmoud Elamrousy, Mohamed Hamdi Sabra, Mohamed Naseem, Osama Abdelmoamen, Sahar Elshedoudy, Yasser Huzayen

02:05 - 02:17 Percutaneous Mitral Commissurotomy During Pregnancy: Fixing a Valve, Saving two Lives (Tanta University Experience). **Prof. Ayman Elsaed**

02:17 - 02:20 Discussion

02:20 - 02:32 Management of acute MI during pregnancy: what every interventionalist should know. **Prof. Yasser Elsaied**

02:32 - 02:35 Discussion

02:35 - 02:47 Sex-specific differences in outcomes after CABG : why women have higher risks and how to address them? **Prof. Tarek elshazly**

02:47 - 02:50 Discussion

02:50 - 0 3:02 Transcatheter Intervention in Women with Congenital Heart Diseases. **Prof. Aliaa Shaban**

03:02 - 03:05 Discussion

03:05 - 03:17 Cardiac surgery in women. From traditional to Minimally Invasive. **Prof. Wael Elfiky**

03:17 - 03:20 Discussion



Break II

12

03:20 - 03:30

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The Cardio Arena: Vote, Diagnose, Decide III

03:30 - 03:45pm

03:30 - 03:45

Clinical case scenario.

Prof. Tamer Mostafa



Guidelines vs Reality: Cardiology Practice in Egypt II

03:45 - 03:57 pm

03:45 - 03:55

Real Cases, Real Limitations: Infective Endocarditis Practice in Egypt.

Prof. Sarah Elsharkawy

03:55- 03:57

Discussion

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Session 9

03:57 – 04:56 pm

Pregnancy, Prevention, and Future Directions in Women's Cardiovascular Health

Moderators

Prof. Ihab Elguindy

Prof. Elsayed Farag

Chairperson: (Alphabetically)

Ahmed Elkersh, Ahmed Emara, Ahmed Fathy, Amal Rizk, Hytham Ghareeb, Mahmoud Awad, Mahoud Abdelkhalek, Mohamed Abdelaal, Mohamed Elsalamony, Mohamed Zahran, Osama Sanad, Samah Idrees, Tarek Nageeb

03:57 – 04:09	Diabetic Obesity and Metabolic Syndrome in Women.	Prof. Elsayed Farag
04:09 – 04:12	Discussion	
04:12 – 04:24	Hypertensive Disorders of Pregnancy: Long-Term Cardiovascular Implications.	Prof. Hala Mahfouz
04:24 – 04:27	Discussion	
04:27 – 04:39	Prevention in Women: Lipids, Hypertension, and Lifestyle Cases from Clinical Practice.	Prof. Gamela Nasr
04:39 – 04:42	Discussion	
04:42 – 04:54	Uterine Bleeding with DOACs: Tips and Tricks.	Prof. Mahmoud Soliman
04:54 – 04:56	Discussion	

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Session 10

The Cardio Arena: Vote, Diagnose, Decide IV

04:56 – 05:01 pm

04:56 – 05:01

Cardiac CT Quiz

Dr. Ahmed Elshaal

05:01 – 05:13

Nash Symposium

Prof. Taymour Mostafa

05:13 – 05:15

Discussion

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Session 11

05:15 - 06:15

Clinical cases presentations

Moderators

Prof. Mohamed Bayoumi

Prof. Tamer Mostafa

Chairperson: (Alphabetically)

Ahmed farouk, Ahmed Hamza, Amany Elleithy, Ansaf Bassam, Ayman Elsheikh, Gamal Shabaan, Ghada Elsayed, Magdy Elkhadem, Mai Salama, Shereef Hussin, Zinab Salah

05:15 - 05:25	When Everything Goes Wrong.	Dr. Mohamed Khaleel
05:25 - 05:27	Discussion	
05:27 - 05:37	ECHO Story (Ancient Curse Reversed).	Dr. Ahmed Hamouda
05:37 - 05:39	Discussion	
05:39 - 05:49	Two Cases, Many Lessons.	Dr. Mahmoud Diab
05:49 - 05:51	Discussion	
05:51 - 06:01	When ECHO Told a Different Story.	Dr. Sally Sameh
06:01 - 06:03	Discussion	
06:03 - 06:13	Accessory Pathway Ablation in Ebtien Anomaly.	Dr. Ahmed Elrosasy
06:13 - 06:15	Discussion	

06:15 - 06:30

Closing Remarks & Prizes





WORK SHOPS

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CT based TAVI Planning Workshop

9:30-11:30

4th floor, Workshop II hall

Moderator

Prof. Mohamed ElSetiha

Chairpersons: (Alphabetically)

Ahmed Elshal, Mohamed Abdelaal, Mohamed Zahran, Moheb Magdy

Hands on training CT analysis.

Prof. Osama Shoeib
Dr. Ahmed Abd El Wahab

3D models to understand aortic anatomy.

Prof. Osama Shoeib
Dr. Ahmed Abd El Wahab

US guided large pore femoral puncture.

Prof. Osama Shoeib
Dr. Ahmed Abd El Wahab

Vascular Closure devices (Proglide)

Prof. Osama Shoeib
Dr. Ahmed Abd El Wahab

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ASE Updates in Diastolic Dysfunction Assessment in HFpEF Workshop

9:30–11:30

5th floor, workshop I hall

Moderator

Prof. Mona Adel

Chairpersons: (Alphabetically)

Eman Elsharkawy, Eman Rashed, Enas Deraz, Ghada Naseem, Mona Ebulsoud, Samia Sharafeldeen, Seham Badr,

New trends in Diastolic function assessment.

Sally Elsayaf

Diastology beyond the basics.

Noran Ibrahim

HFpEF: Beyond preserved Ejection fraction.

Sara Elsharkawy

Hands On: ECHO Training

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Congenital Heart Diseases Case-Based Competition

3:00– 5:24

4th floor, workshop II hall

Moderator

Prof. Aliaa Shaban

Chairpersons: (Alphabetically)

Ahmed Moawad, Ahmed Shabana, Amal Abd al salam, Amira Nour, Dina Abd Al salam, Dina Adel, Fatma Abo Elsaood, Fatma Al Zahraa, Hanan Sayed, Ibraheem Faragallah, Magdy Mahmoud, Mahmoud Shehata, Osama Abd A azeez, Rasha Ammar, Safaa Ahmed

03:00 – 03:10	Case 1 Beyond fever: Giant Coronary aneurysma as a complication of Kawasaki Disease	Dr. Eman Gamal Abd al Rahman	Prof. Amira Esmat
03:10 – 03:12	Discussion		
03:12 – 03:22	Case 2 A complex journey of Pediatric Thrombosis	Dr. Mohamed Abd Al fatah Mohamed	Prof. Gehan Al sawah
03:22 – 03:24	Discussion		
03:24 – 03:34	Case 3 <u>Save the Rhythm, Save the heart.</u>	Cairo University	Prof. Reham Wagdy
03:34 – 03:36	Discussion		
03:36 – 03:46	Case 4 <u>Staged percutaneous treatment to bridge a case of imperforated pulmonary valve with borderline RV to biventricular repair.</u>	Dr. Sahar Abu zakaly Mahmood	Prof. Rania Abo Shukka
03:46 – 03:48	Discussion		

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03:48 – 03:58	Case 5 <u>Is it really an aortic incompetence?!</u>	Dr. Abd Al Rahman al hadary	Dr. Aya Fetooh
03:58 – 04:00	Discussion		
04:00 – 04:10	Case 6 <u>When Coarctation mimics interruption: Could we expect the outcome?!</u>	Dr. Dina Mohamed El Ebsheehy	Prof. Ragab Abd al salam
04:10 – 04:12	Discussion		
04:12 – 04:22	Case 7 <u>Percutaneous PVL reduction case, Be dynamic)</u>	Dr. Abd Al Rahman Metwally	Dr. Abd El Rahman Affi
04:22 – 04:24	Discussion		
04:24 – 04:34	Case 8 <u>A rare case of common arrhythmia.</u>	Dr. Mai Saber	Prof. Suzan Byomy
04:34 – 04:36	Discussion		
04:36 – 04:46	Case 9 <u>Finding the Rarest: Why Early Genetic Study Matters?</u>	Cairo University	Prof. Doaa Al amrousy
04:46 – 04:48	Discussion		
04:48 – 04:58	Case 10 <u>Infantile Cardiomyopathy. Remember to always think twice.</u>	Dr. Marwa Waheed Nasef	Prof. Rania Hegazy
04:58 – 05:00	Discussion		
05:00 – 05:10	Case 11 <u>A vascular ring.</u>	Dr. Mona Hashem	Prof. Heba-Alla Ateya
05:10 – 05:12	Discussion		
05:12 – 05:22	Case 12 <u>Un explained post partum Heart failure.</u>	Dr. Mohamed Bassam	Prof. Ibraheem Aabofarag
05:22 – 05:24	Discussion		

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05:24- 05:34 **Case 13** How PPVI rewrote the plan of treatment **Dr. Dina Adel**

Prof. Soha Emam

05:34 - 05:36 Discussion

Judging committee

Prof. Hala Agha, Prof. May Hamdy al sayed,
Prof. Sonia El saedy, Prof. Soha Emam,
Prof. Hala Almarsafawy, Prof. Raghda Elsheikh
Prof. Sahar Elshedoudy, Prof. Sahar Shaker,
Prof. Osama Abd-Rab Elrasol

Winner and Prize

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Unlock Calcium : From Imaging to Atherectomy

4:00 – 5:30 pm

5th floor, workshop I hall

Moderator

Dr. Salma ElShokafy

Chairpersons: (Alphabetically)

Hytham Soliman Ghareeb, Mohamed Sleem, Taymour Moustafa , Yasser El Barbary ,

04:00 – 04:20	Calcium modification tool box : How to choose right device	Dr. Salma ElShokafy
04:20 – 04:40	Calcium under the Lens : Role of imaging in managing coronary calcification	Prof. Osama Shoeib
04:40 – 05:00	Rotablation Step By Step	Dr. Ahmed Abd El Wahab
05:00 – 05:30	Hands on training	Dr. Ahmed Abd El Wahab

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