



10th BENHA CME Club

5-6 February 2026
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تحت رعاية

ا.د. خالد عبد الغفار

وزير الصحة

ا.د أسامة الشلقاني

وكيل وزارة الصحة بالقلوبية

م. ايمن عطيه

محافظ القليوبيه

رؤساء شرف المؤتمر

ا.د. جمال شعبان

استاذ امراض القلب

ا.د. أسامة عبد الحى

نقيب عام أطباء مصر

ا.د. جميلة نصر

نقيب أطباء الاسماعيلية

ا.د. حمزة قابيل

استاذ امراض القلب

رئيس المؤتمر

ا.د. هشام الحفناوي

رئيس اللجنة القومية للأمراض الغير سارية
وزارة الصحة

مقرر عام المؤتمر

د. مصطفى ابو اليزيد

ا.د. احمد سعيد

وكيل نقابة أطباء القليوبيه

ا.د محمد عجلان

أمين عام نقابة أطباء القليوبيه

اللجنة العلمية

د. أحمد أنور

د. اسلام السيد

اللجنة المنظمه

د. أحمد قطب

د. أميرة لاشين



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EFFECT OF OBESITY AND DIABETES ON CARDIOVASCULAR HEALTH

Day 1
5 February 2026

Session 1

09:00 - 09:30 *Registration*

Chairpersons Prof. Ahmed El-Sawwaf
Prof. Ahmed El-Sheikh
Prof. Mohamed Edris
Prof. Nabil Khamis
Prof. Reda Amer
Prof. Yasser Abdallah

09:30 - 09:45 **Metabolic Syndrome**
Prof. Mostafa Abulyzeed

09:45 - 10:00 **Diabetic Dyslipidemia**
Prof. Mohammed Seleem



10:00 - 10:15 **Diabetes and Sleep, Sweet Dreams**
Prof. Bahaa Sharaf Eldein

10:15 - 10:30 **Thyroid or Weight? Pitfalls in Interpreting Subclinical and Overt Hypothyroidism in Obesity**
Prof. Hossam Arafa Ghazy

10:30 - 11:00 *Opening Ceremony*



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Day 1

5 February 2026

Session 2

Chairpersons

Prof. Amira Al-Alfy
Prof. Hany Shafiey
Prof. Hisham Shouman
Prof. Mohamed Emam

Prof. Safwat Sultan
Prof. Tarek Saied
Prof. Youmna Maraai

11:00 - 11:15 | Obesity as a major health problem
Prof. Hesham El Hefnawy



11:15 - 11:30 | Jardiance Game changer in CKD Management
Prof. Mahmoud Emara

11:30 - 11:45 | Oral hypoglycemic drugs in Ramadan
Prof. Mahmoud Hemida



11:45 - 12:00 | Emerging Therapies and Future Direction in Obesity
Prof. Mohamed Hussien Abbas



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5 February 2026

Session 3

Chairpersons Prof. Mostafa Shaaban (Moderator)
Prof. Ayman El-Badawy
Prof. Mohamed Hussein Abbas
Prof. Mostafa Abo Elyazeed
Prof. Osama Mohammady

- 12:00 - 12:15 | Primary Aldosteronism: The Most Common Cause of Missed Hypertension
Prof. Eslam Ayman Mahmoud
- 12:15 - 12:30 | Beyond Overt Hypothyroidism: Decoding the Subclinical Spectrum in 2025
Prof. Haitham Emara
- 12:30 - 12:45 | GLP-1 Receptor Agonists: From Injectable to Oral, From Dual to Triple Agonists – Expanding Horizons in Clinical applications
Prof. Ahmed Mohamed Saeed
- 12:45 - 01:00 | Management of Diabetic Hypertension Patients
Prof. Haitahm Badr



01:00 - 01:30

Coffee Break



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Day 1

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Session 4

Chairpersons Prof. Abd El-Alim Helal
Prof. Fatma El-Shabasy
Prof. Hosny El-Fayyoumy
Prof. Shery Kamel
Prof. Tamer Seleem

01:30 - 01:45 Diabetic Neuropathy
Prof. Ayman El-Badawy



01:45 - 02:00 Fatty Kidney Disease
Prof. Samah Idrees

02:00 - 02:15 Updates of Diabetic Neuropathy Management
Prof. Mostafa Abulyzeed



02:15 - 02:30 Linagliptozin.. an integrated option for
management of T2DM
Prof. Hend Abdelmonem



02:30 - 02:45 Semaglutide: saves lives, heart and kidneys
Prof. Mayada Moussa





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Session 5

Chairpersons Prof. Ahmed Kotb
Prof. Amira Lasheen
Prof. Faten Salama
Prof. Hend Sobhy

02:45 - 03:00 Weight Management in Diabetic Patients
Prof. Tarek El-Areeny

03:00 - 03:15 Updates in Obesity Management
Prof. Mostafa Abo Elyazeed

03:15 - 03:30 GERD ... Current Concepts in Diagnosis and Management
Prof. Medhat Khalil

03:30 - 03:45 Thioring Diamond Labs
Prof. Dina Nasreldein





2025

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Session 6

Chairpersons

Prof. Mahmoud Azgoula
Prof. Medhat El-Amawy
Prof. Mohamed Ibrahim Idris
Prof. Tamel Selim
Prof. Yasser Abdallah

03:45 - 04:00 Dapagliflozin from guidelines to practice
Prof. Ahmed El-Sheikh



04:00 - 04:15 Anemia of Chronic Disease
Prof. Mohamed El-Sayed Hegazy



04:15 - 04:30 Role of Sitagliptin and Metformin Combination
in Type II Diabetes
Prof. Mahmoud Azgoula



04:30 - 04:45 Combination Injectables Therapy
Prof. Arafa El-Shabrawy

04:45 - 05:00 Obesity and cardiovascular diseases
Prof. Sara abo elsoud
Prof. Marwa morad



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EFFECT OF OBESITY AND DIABETES ON CARDIOVASCULAR HEALTH

Day 2
6 February 2026

Session 1

08:00 - 09:00 *Registration*

Chairpersons

Prof. Ahmed El-Sawwaf
Prof. Ehab Barakat
Prof. Faten Salama
Prof. Mahmoud Khallaf

Prof. Marwa Mourad
Prof. Sarah Abouelseoud
Prof. Tarek Elareny

10:30 - 10:45 | Imeqlimin, A targeted approach to the underlying core defect
Prof. Mohamed El-Sayed Abdallah



10:45 - 11:00 | Diabetes and Ramadan
Prof. Mostafa Abulyzeed



11:00 - 11:15 | The Power of Synergism
Prof. Hatem Salem



11:15 - 11:30 | Optimizing Glycemic and Cardiorenal Outcomes
Prof. Fawzy Al-Mousallamy



11:30 - 11:45 | Dyslipidemia in IHD
Prof. Wael Mekled



11:45 - 01:00 *Prayer Break*



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Day 2

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Session 2

Chairpersons

Prof. Mahmoud Shawky (Moderator)

Prof. Hesham Rasheed

Prof. Mehana Abd El-Hamid

Prof. Mohamed AbdelFatah

Prof. Mohamed Elsayed Sheah

Prof. Mohamed Hassan

Prof. Sherif Fouad

Prof. Wael Mekled

01:00 - 01:15 | Dyslipidemia updated guidelines 2025 What is new?
Prof. Hamza Kabeel

01:15 - 01:30 | High Risk ACS, Intervention
Prof. Ahmed Magdy

01:30 - 01:45 | Perivascular fat and cardiovascular disease
Prof. Gamila Nasr

1:45 - 02:15

Honouring Ceremony



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Session 3

Chairpersons

Prof. Ahmed Magdy Abd El-Kader
Prof. Doaa El-Sisi
Prof. Haidy Raeid

Prof. Mary Amir
Prof. Mohamed El-Awady
Prof. Mohammady Omar

02:15 - 02:30

Obesity and Sexual Dysfunction
Prof. Medhat El-Araby

02:30 - 02:45

Diabetic Dyslipidemia
Prof. Mostafa Abulyzeed

02:45 - 03:00

Optimizing Insulin Therapy in Type 2 Diabetes
Prof. Khaled Al-Banna





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Session 4

Chairpersons

Prof. Ahmed Abd El-Hafez
Prof. Ahmed Saied
Prof. Aml Mahmoud

Prof. Fady Kamal Masiha
Prof. Marwa Kamal
Prof. Mohamed Kamal Abd El-Rahman

03:00 - 03:15

Sudden Cardiac Death Epidemic of 21st century
Prof. Gamal Shaaban

03:15 - 03:30

Beyond Surgical Boundaries: Should the Cardiologist Intervene?
Prof. Hesham Salah El-Dien

03:30 - 04:00

Overcoming Inertia in Dyslipidemia Management.
Prof. Yaser El-Sayed



04:00 - 04:15

STEMI in High Bleeding Risk Patients
Prof. Amr El-Hadidy



ELITE

CONFERENCES ORGANIZING

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