



WORLD

# DIABETES *Day*

Endocrine and Diabetes unit, Internal Medicine Department

In collaboration with

Arabic Association for the Study of Diabetes and Metabolism (AASD)  
and Ismailia Medical Syndicate



DIABETES WELL-BEING IN WORKPLACE

## *Scientific Program*



**27** NOVEMBER 2025

📍 SUEZ CANAL UNIVERSITY



**28** NOVEMBER 2025

📍 TOLIP EL FORSAN HOTEL ISMAILIA

WORLD

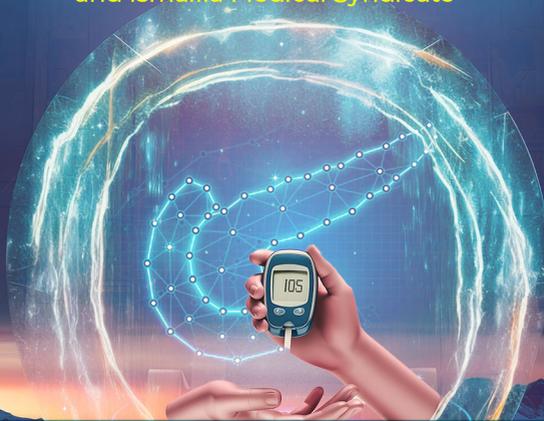


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## DIABETES WELL-BEING IN WORKPLACE

Head of Suez Canal University  
**Prof. Dr. Nasser Mandour**

Vice President for Education  
and Student Affairs  
**Prof. Mohamed Abd Elnaeam**

Vice President for Graduate studies  
and research  
**Prof. Mohamed Saad Zaghloul**

Vice President for Community  
services and Environmental Affairs  
**Prof. Dina Abo-Elmaaty**

Head of AASD  
**Prof. Dr. Inas Shaltout**

Dean of Faculty of Medicine  
**Prof. Dr. Ahmed Anwar**

Ismailia Medical Syndicate  
**Prof. Dr. Gamila Nasr**

Vice Dean for Graduate Studies and Research  
**Prof. Dr. Nader El-Nemr**

Vice Dean of Faculty for Education & Students Affairs  
**Prof. Dr. Rania Mostafa**

Vice Dean of Faculty for Environmental Development and Community Service  
**Prof. Dr. Abeer Hagrass**

Head of Internal Medicine Department  
**Prof. Dr. Seham Ahmed**

Supervisor of Endocrine and Diabetes Department  
**Prof. Dr. Hamdy Selim**

Secretary General of WDD  
**Dr. Iman El-Sherif**

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## Faculty Members

Alphabetically

Abd Elhamid Serwah  
Abd Elraouf Eldeeb  
Abdel Hamid Serwah  
Abdel-Khaleq Hamed  
Abeer Hagras  
Ahmed Anwar  
Ahmed El ghaleed  
Ahmed El-Ghaliz  
Ahmed Mosaad  
Alaa Abou Setta  
Amal Abdel Hameed Gad  
Amira Gamal  
Amr Elmeligy  
Arwa Hossam  
Assem El Sherif  
Ayman El-Mofi  
Ayman Salem  
Bassma Othman  
Christine Moanes  
Dina Abo Elmaaty  
Eman Fahmy  
Eman Riad  
Fawzy Attia  
Gamila Nasr  
Haidy Hassan  
Hamdy Sliem  
Hazem Ashmawy

Heba Abbas  
Hesham Habib  
Hesham Magd El-Din  
Iman Elsherif  
Inas Shaltoot  
Magda Fahmy  
Marwa Oraby  
Menna Tarek  
Mohamed Abdou  
Mohamed Elsebaey  
Mohamed Greash  
Mohamed Orabi  
Mohamed Salah Khedr  
Mohamed Sheir  
Mona Ghaly  
Mona Kareem  
Mona Mostafa  
Nader Wadih  
Noha Abou Gresha  
Ougina Maher  
Rasha Azmy  
Rasha Sobh  
Saeed Elsherbeiny  
Sally el Badry  
Salma Mamdouh  
Seham Ahmed  
Sherouk Gamal

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INTERNAL MEDICINE DEPARTMENT -SUEZ CANAL UNIVERSITY

## Organizing Committee

Alphabetically

Dr Ahmed Mossad  
Dr. Arwa Hosam  
Dr. Asmaa Abdou  
Dr. Hanan Gamal  
Dr Mohamed Creash  
Dr Nada Mustafa  
Dr Nour el Hoda Hassan  
Dr. Ougina Maher  
Dr. Salma Mamdouh  
Dr. Shrouk Gamal

WORLD



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## DIABETES WELL-BEING IN WORKPLACE

Day 1

27/11/2025

Grand Hall Suez Canal University

09:00 - 09:30 *Registration*

### Session 1

Interdisciplinary session -  
FOM-SCU

*Chairpersons*  
*Alphabetical order*

**Prof. Alaa Abou Setta**  
**Prof. Abdel Raouf El Deeb**  
**Prof. Amal Abdel Hameed**

**Prof. Ayman Salem**  
**Prof. Fawzy Attia**  
**Prof. Mohamed Sheir**

**09:30 - 09:45 Screening for hear loss and vestibular dysfunction in people living with T2D**

**Dr. Omnia Ismaila** - Lecturer Audiology and Vestibular Medicine - SCU

**09:45 - 10:00 Productivity and Prevention: Why a Healthy Workforce is Good for Business**

**Dr. Mohamed Alaa Saad** - Lecturer of Community, occupational and environmental health department- SCU

**10:00 - 10:15 How to diagnose emotional eating in persons living with diabetes and obesity**

**Prof. Haydy Hassan** - Head of neuropsychiatry department - SCU

**10:15 - 10:30 Q & A**  
**Chairpersons and Speakers**

WORLD



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## DIABETES WELL-BEING IN WORKPLACE

Day 1

27/11/2025

Grand Hall Suez Canal University

Session 2

Diabetes wellness in workplace  
Theme for WDD 2025

Chairpersons  
Alphabetical order

Dr. Ali Refaat  
Prof. Amal Abdel Hameed  
Prof. Assem El Sherif

Prof. Basma Othman  
Dr. Chrsitine Moanis  
Prof. Mohamed Abdou

**10:30 - 10:45 Workplace Wellness Programs: Making Them Inclusive and Effective for People with Diabetes**

**Dr. Ahmed Mosaad** - Lectuer Internal Medicine & Endocrinology- SCU

**10:45 - 11:00 Diabetes Related standards in hospital accreditation Gahar edition 2025**

**Dr. Salma Khataab** - CAHAR- Ismailia Branch

**11:00 - 11:15 Nutritional Tips for combating hedonic eating in DM**

**Prof. Noha Abou Gresha** - Prof of MediacI Physiology Medical Nutritional Consultant- SCU

**11:15 - 11:30 Q & A  
Chairpersons and Speakers**

WORLD



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Day 1

27/11/2025

Grand Hall Suez Canal University

Session 3  
Opening session

- 11:30 - 10:35** **Quaran - Recorded**
- 11:35 - 11:40** **National Anthem - Recorded**
- 11:40 - 11:45** **Welcome talk of Endocrinology and Diabetes unit**  
**Prof. Hamdy Sliem** - Head of Endo& DM unit-FOM-SCU
- 11:45 - 11:50** **Welcome talk of Head of Internal Medicine department**  
**Prof . Seham Ahmed** - Head of Internal Medicine Department- SCU
- 11:50 - 11:55** **Talk of Environmental affairs -FOM**  
**Prof. Abeer Hagras** - Deputy Dean Envirnmnetal Affairs - SCU
- 11:55 - 12:00** **Talk of Student affairs -FOM**  
**Prof . Ranya Mostafa** - Deputy Dean Students affairs - SCU
- 12:00 - 12:05** **Talk of post graduate and Resarch affairs -FOM**  
**Prof. Nader El Nembr** - Deputy Dean for Postgraduate affairs- SCU
- 12:05 - 12:10** **Talk of FOM**  
**Prof . Ahmed Anwar** - Dean of FOM -SCU
- 12:10 - 12:15** **Talk of Environmental affairs -SCU**  
**Prof. Dina Abo El Maaty** - Vice President for Environmetal affairs - SCU
- 12:15 - 12:20** **Talk of Student affairs - SCU**  
**Prof . Mohamed Abdel Naeem** - Vice president for student affairs - SCU

WORLD



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## DIABETES WELL-BEING IN WORKPLACE

Day 1

27/11/2025

Grand Hall Suez Canal University

Session 3  
Opening session

- 12:20 - 12:25** **Talk of postgraduate and Research affairs -SCU**  
**Prof. Mohamed Saad Zaghlol** - Vice president for Post graduate and Resarch affairs - SCU
- 12:25 - 12:30** **Talk of AASD**  
**Prof. Inass Shaltout** - Prof. of Internal Medicine and Diabetes – Cairo University President of AASD
- 12:30 - 12:35** **Launch of Screening Symposium between ismailia Medical Syndiacte and AASD**  
**Prof. Gamela Nasr** - Prof of cardiovascular Medicine -SCU Head of Ismailia Medical Syndicate Past Head of Cardiology department
- 12:35 - 12:40** **Talk of SCU**  
**Prof. Nasser Saeed Mandour** - President of Suez canal University
- 12:40 - 12:45** **Group Photoes and Honors - All**

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## DIABETES WELL-BEING IN WORKPLACE

Day 1

27/11/2025

Grand Hall Suez Canal University

Session 4

The Triple threat session

Chairpersons  
*Alphabetical order*

**Prof. Abeer Hagrass**  
**Dr. Abou Zeid**  
**Prof. Fathy Makalady**  
**Prof. Gamela Nasr**  
**Prof. Hamdy Sliem**

**Prof. Hazem El Ashmawy**  
**Prof. Inass Shaltout**  
**Prof. Marwa Oraby**  
**Mr. Mohamed Henedak**

**12:45 - 01:00** **Syndicate role ins supporting physicains**

**Prof Dr. Gamela Nasr**

Prof of cardiovascular medicine SCU Head of ismailia medical syndicate

**01:00 - 01:15** **New medical liability law**

**Dr. Mahmoud Ali Ibrahim** - Gyn & Ob consultant-SCA- Head of Legal affairs committee-Ismailia Medical Syndicate

**01:15 - 01:30** **Doctors rights and responsibilities**

**Dr. Abou Zeid** - Consultant gynecology

**01:30 - 01:45** **Role of center for consultations in medicolegal affairs**

**Prof .Abeer Hagrass** - Prof of Forensic medicine Head of consultancy center

**01:45 - 02:00**

*Break time*  
*And Stand for Diabetes*



WORLD



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## DIABETES WELL-BEING IN WORKPLACE

Day 2

28/11/2025

Tolip El Forsan Hotel Club House

08:45 - 09:00 *Registration*

Session 1

Medical Liability Law session

*Chairpersons*  
*Alphabetical order*

**Prof. Gamal Tawfik**  
**Prof. Hamdy Sliem**  
**Prof. Hazem El Ashmawy**

**Prof. Inas Shaltout**  
**Prof. Mohamed Salah Khedr**  
**Prof. Sayed Gad**

- 09:00 - 09:15 Gestational Diabetes Mellitus the stem for all Non communicable diseases in women**  
**Dr. Shrouk Gamal** - Lecturer Internal Medicine and Endocrinology - SCU
- 09:15 - 09:30 Updates on retinopathy in diabetes and Obesity**  
**Prof. Mohamed El Sebaey** - Prof of Ophthalmology -SCU Former Head of ophthalmology Department
- 09:30 - 09:45 Diabetic Encephalopathy: Role of Chronic diabetic neuroinflammation on brain dysfunction**  
**Prof. Dr. Marwa Oraby** - Assistant prof of Neurology-SCU
- 09:45 - 10:00 Q & A**  
**Chairpersons and Speakers**

WORLD



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## DIABETES WELL-BEING IN WORKPLACE

Day 2

28/11/2025

Tolip El Forsan Hotel Club House

Session 2

Endocrinology and Diabetes  
unit rising stars

Chairpersons

*Alphabetical order*

**Dr. Ahmed Mosad**  
**Prof. Hamdy Sliem**  
**Prof. Gamal Tawfik**

**Prof. Moh Greash**  
**Prof. Seham Ahmed**

10:00 - 10:15

**Case 1**

**Dr. Asmaa Abdou** - Assistant lecturer internal medicine and endocrinology-  
SCU

**Case 2**

10:15 - 10:30

**Dr. Nada Mostafa**- Assistant lecturer Internal medicine and endocrinology  
-SCU

10:30 - 10:45

**Case 3**

**Dr. Salma Mamdouh** - Assistant lecturer Internal medicine and  
endocrinology -SCU

10:45 - 11:20

**Cases Discussion**  
**Panelists**

11:30 - 12:20

*Break - Friday Prayers*



12:20 - 12:30

*Photos of Diabetes Stand*

WORLD



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## DIABETES WELL-BEING IN WORKPLACE

Day 2

28/11/2025

Tolip El Forsan Hotel Club House

Session 3  
workshop

*Chairpersons*  
*Alphabetical order*

**Prof. Ayman Elmenoufy**  
**Prof. Hazem El Ashmawy**  
**Prof. Inass Shaltout**

**Prof. Rasha Sobh**  
**Prof. Sayed Gad**

**12:30 - 12:45**

**CGM**

**Dr. Mohamed Oraby** - Diabetes and GIT Specialist- Cairo University Hospitals

**12:45 - 01:00**

**Life style and Glycemic Control in Diabetes**

**Dr. Engy Barakat** - Assistant Lecturer Internal Medicine – Cairo University

**01:00 - 01:15**

**Management of Diabetic Dyslipemia**

**Prof. Amr El Meligy** - Prof of Internal Medicine and Endocrinology-cairo University

**01:15 -01:30**

**Non Traditional Cardiac Risk factors in Diabetics**

**Prof. Gamela Nasr** - Prof of cardiovascular medicine SCU Head of ismailia medical syndicate

WORLD

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## DIABETES WELL-BEING IN WORKPLACE

Day 2

28/11/2025

Tolip El Forsan Hotel Club House

Session 4

AASD Session

*Chairpersons*  
Alphabetical order

**Prof. Amr EL Meligy**  
**Prof. Hanan kamal**  
**Prof. Hamdy Sliem**

**Prof. Hazem Ashmawy**  
**Prof. Rasha Azmy**

- 01:30- 01:45** **Beyond the Guidelines: Can Anti-Obesity Drugs Overtake Metabolic Surgery?**  
**Prof. Inass Shaltout** - Prof of internal medicine and Diabetes Cairo University  
President of AASD
- 01:45 -02:00** **Diabetes 2025: Innovations , Insights and Impact**  
**Prof. Abdel Khalik Hamed** - Medical Military academy / AASD secretary  
Prof Internal Medicine and Hepatology
- 02:00 - 02:15** **Melatonin, Matabolism and Pancreatic Clock**  
**Prof . Hesham Magd El Din** - Prof of internal medicine and Diabetes  
Cairo University Prof
- 02:15 -02:20** **Q & A**

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## DIABETES WELL-BEING IN WORKPLACE

Day 2

28/11/2025

Tolip El Forsan Hotel Club House

Session 5

Arab Association for The Study  
of Diabetes and Metabolism

*Chairpersons*  
*Alphabetical order*

**Prof. Abeer Hagra**  
**Dr. Abou Zeid**  
**Prof. Fathy Makalady**

**Prof. Hisham Habib**  
**Prof. Rasha Azmy**

**02:20- 02:35 Diabesity :The Twin Epidemics**  
**Nader Wadee** - Consultant internal medicine and Diabetes

**02:35 -02:50 Diabetes and Brain Concerning work place**  
**Prof. Rasha Sobh** - Prof of internal medicine and Diabetes Cairo University

**02:50 - 03:05 Q & A**

WORLD



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## DIABETES WELL-BEING IN WORKPLACE

Day 2

28/11/2025

Session 6

Crossing Bridges among  
disciplines

Tolip El Forsan Hotel Club House

*Chairpersons*  
*Alphabetical order*

**Prof. Abdel Hameed Serwah**  
**Prof. Ayman Salem**  
**Prof. Fathy Maklady**  
**Prof. Hanan Kamal**

**Prof. Inass Shaltout**  
**Prof. Rasha Azmy**  
**Prof. Sayed Gad**

**03:05 - 03:20 Gaps in diabetes management .. what is new in the guidelines? Servier Symposium**  
**Prof. Dr. Inas Shaltout** - Prof. of Internal Medicine and Diabetes – Cairo University - President of AASD

**03:20 - 03:40 International Recommendations on Transition in Diabetes care**  
**Prof. Mona Mamdouh Hassan** - Prof. of Pediatrics. Former Head of Diabetes Endocrine & Metabolism Pediatric Unit, Cairo Univ. Member of European Society for Pediatric Endocrinology (ESPE)

**03:40 - 03:50 Q & A**

**03:50 - 04:10 The Psychometabolic Burden**  
**Prof. Ahmed El Ghaled** - Prof of cardiovascular Medicine -SCU

**04:10 - 04:20 Q & A**

**04:20 - 04:30 Nerhadou Symposium**

**04:30 - 04:40 Epico Symposium**

**04:40 - 04:45 Averros Symposium**

**04:45 - 04:50 InspireSymposium**

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Day 2

28/11/2025

Tolip El Forsan Hotel Club House

Session 7

Multidisciplinary Chronic  
diseases care

*Chairpersons*  
*Alphabetical order*

**Prof. Ali Youssef**  
**Prof. Hamdy Sliem**

**Prof. Hanan Kamal**  
**Prof. Fathy Maklady**

- 04:50 - 05:05**    **Best timing of Chronic disease medications in patients on Replacement therapy**  
**Prof. Sameh El Zaki** - Prof OF Nephrology -SCU
- 05:05 - 05:20**    **Limited Joints Movement syndrome in people Living with diabetes**  
**Prof. Mona Sayed Ghaly** - Prof of Rheumtology and Rehabilitation  
Director of General Medicine program San Petesburg University-Cairo Branch
- 05:20 - 05:35**    **Work accomodations for employess living with DM and CKD**  
**Prof. Basma Othman** - Asistant Prof of Internal Medicine & Nephrology  
-scu
- 05:35 - 05:50**    **Diabetes and Heart: Cardiology prospective**  
**Prof. Omar Saleh** - Prof of cardiovascular medicine - SCU
- 05:00 - 06:00**    **Q & A**

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Day 2

28/11/2025

Tolip El Forsan Hotel Club House

Session 8

Internal Medicine session

*Chairpersons*  
*Alphabetical order*

**Prof. Abdel Hameed Serwah**  
**Prof. Abdel Raouf El deib**  
**Prof. Amal Abdel Hameed Gad**

**Prof. Fawzy Attia**  
**Prof. Seham Ahmed**

- 06:00 - 06:15 Endocrinological causes of acanthosis nigricans**  
**Dr. Ahmed Mosaad** - SCU Lecturer Internal Medicine & Endocrinology-  
SCU
- 06:15 - 06:30 Diabetes and Driving Vehicles practice Guidelines**  
**Dr. Iman El sherif** - Lecturer Internal Medicine & Endocrinology-SCU
- 06:30 - 06:00 Q & A**

Session 9

Internal Medicine session

*Chairpersons*  
*Alphabetical order*

**Prof. Abdel Hameed Serwah**  
**Prof. Hamdy Sliem**

**Prof. Inass Shaltout**

- 06:40 - 06:50 WDD 2025 Recommendations**  
**Dr. Hamdy Sleim** - Head of Endo& DM unit-FOM-SCU
- 06:50 - 06:55 Event Closure**  
**Prof. Inass Shaltout**- Prof. of Internal Medicine and Diabetes - Cairo University  
President of AASD
- 06:55 - 07:00 Group Photoes - All**

WORLD



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## DIABETES WELL-BEING IN WORKPLACE





## Egypt Branch

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## Gulf Branch

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