



BENHA CME CLUB BENHA ENDOCRINE SUMMIT

Obesity, insulin resistance and
dyslipidemia Are they the same??

27th
NOVEMBER
2025

تحت رعاية

اد. أسامة الشلقاني
وكيل وزارة الصحة بالقلوبية

مقرر المؤتمر

د. مصطفى ابو اليزيد

اللجنة المنظمة

د. احمد انور

د. محمد سمير

مدير الإدارة الصحية بنها

د. بكرى سعيد

اللجنة العلمية

د. تامر سليم

د. حسام حسني

مجمع خدمات المرأة المتكامل بنها



Session 1

Chairperson

Prof. Ahmed Elawady
Prof. Abd Elaleem Abdallah
Prof. Nabil Khamis

Prof. Sherry Kamel
Prof. Hany Abd Elzاهر
Prof. Yasmeen Abd Elwadoud



09:30 - 10:00 **Registration**



10:00 - 10:15 **Diabetic Dyslipidemia**

Prof. Mahmoud Shawky



10:15 - 10:30 **Nutritional Management of Dyslipidemia**

Prof. Faten Salama



10:30 - 10:45 **Future Drugs for Dyslipidemia**

Prof. Mostafa Abo Elyazeed



10:45 - 11:15 **Opening Ceremony**

Opening

Prof. Osama Elshalakany
Prof. Walid Abd Elmaksoud
Prof. Amr Mostafa
Prof. Ahmed Edrees
Prof. Naseef Alafify

Prof. Bakry Saeed
Prof. Mostafa Abo Elyazeed
Prof. Shery Kamel
Prof. Faten Emara

Session 2

Chairperson

Prof. Ahmed Elawaf
Prof. Sayed Ghonemy
Prof. Mostafa Abo Elyazeed

Moderator

Prof. Hosam Hosny



11:15 - 12:15 **Case Studies** Prof. Mohamed Ibrahim

Prof. Asmaa Yehia
Prof. Fadwa Maher
Prof. Omnia Khedr

Session 3

Chairperson

Prof. Ahmed Elkady
Prof. Eslam Elsayed
Prof. Ehab Barakat

Prof. Hesham Saeed
Prof. Mahmoud Aglan
Prof. Rasha Bakry



12:15 - 12:30 **Obesity in Children**

Prof. Faten Emara



12:30 - 12:45 **Type II DM in Children**

Prof. Tamer Selim



12:45 - 01:00 **Polycystic Ovary Syndrome in Children and Adolescents**

Prof. Rasha Wafeek



01:00 - 01:15 **Role of Physical Exercise for Management of Obesity and Insulin Resistance**

Prof. Ahmed Magdy
Abd Elkader

Session 4

Chairperson

Prof. Mona Tantawy
Prof. Nesreen Mohamed
Prof. Ahmed Anwar

Prof. Hany Abd Elzaher
Prof. Hesham Shouman

 01:15 - 01:30 **NAFLD in overweight and obese children** Prof. Yaser Rashed

 01:30 - 01:45 **From NAFLD to MASLD** Prof. Abd Elaleem Helal

 01:45 - 02:00 **Winning the weight loss war ,
The relapse phase** Prof. Mai Altabakh

 02:00 - 02:15 **Hypothyroidism unusual presentation** Prof. Sayed Ghonaimy

Session 5

Chairperson

Prof. Mohamed Elsayed Hegazy
Prof. Ahmed Elsaywaf
Prof. Hesham Shouman

Prof. Marwa Mourad
Prof. Sara Abou Elseoud

 02:15 - 02:30 **Treat to target in type II D.M patients** Prof. Hosam Hosney

 02:30 - 02:45 **Pre type II D.M**  Prof. Mostafa Abo Elyazeed

 02:45 - 03:00 **Pre type I D.M** Prof. Haytham Badr

 03:00 - 03:15 **The role of multidisciplinary team
in diabetes burnout** Prof. Amal Hazem Seif