



SCIENTIFIC CME ACADEMY



SCMEA **2025** CONFERENCE

ROADMAP TO THE FUTURE OF
CARDIOVASCULAR &
DIABETOLOGY MEDICINE

MAY 22-23

TULIP HOTEL, ISMAILIA



Prof. Mohammed El Merry

Prof. Fathy Nada

SCMEA 2025

JOIN THE ELEGANCE
of EXPERTISE IN
SHAPING *the* FUTURE *of*
CARDIOVASCULAR &
DIABETOLOGY CARE



MAY 22-23
TULIP HOTEL ISMAILIA



Dr. Mohammed
El Merry

SUEZ CANAL UNIVERSITY

We are pleased to invite you to SCMEA 2025,
where science meets elegance in innovation.

Led by Dr. Mohammed El Merry and Dr. Fathy Nada,
this year's conference gathers distinguished
experts to explore the future of
modern medicine.



Dr. Fathy Nada

SUEZ CANAL UNIVERSITY



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2025



Session

01

Cardiometabolic Crossroad 2025



10:00 - 11:00 AM

Prof. Abdel Hameed Sarwah
Prof. Ahmed Elhawary
Prof. Fathi Makladi
Prof. Gamela Nasr
Prof. Hanan Kamal

Prof. Hesham Metwally
Prof. Ibraheem Amer
Prof. Mohamed Aroby
Prof. Omar Saleh

CHAIRPERSONS

10:00-10:15

The High-Risk ECG: Clues You Should Never Miss in Primary and Emergency Care

Prof. Ahmed Salah Salem

10:15-10:30

Heart Failure Reimagined: Empagliflozin's Broad-Spectrum Promise

Prof. Fathy Nada



10:30-10:45

Know Your Risk, Save Your Heart: The New Era of Cardiovascular Assessment

Prof. Ahmed Tageldien

10:45-11:00

SGLT2 Inhibitors Beyond Glycemic Control: New Era in Cardio-Renal Protection

Prof. Ihab Salem



Session

02

Integrating Cardiovascular & Diabetes Care: 2025 Insights



11:00 - 12:15 PM

Prof. Ahmed El Ghalid
Prof. Ahmed Tageldien
Prof. Emad Abdel Hay

Prof. Ihab Salem
Prof. Mohamed Aroby
Prof. Tareq Nageeb

CHAIRPERSONS

11:00-11:15

Hypertension in 2025: Time to "triple-down"?

Prof. Sherif Arafa



11:15-11:30

The benefits of insulin Degludec in meeting the needs of T2DM patients.

Prof. Moheb Magdy



11:30-11:45

Cardio-Diabetes Duo: SGLT2i + Linagliptin for Endothelial and Myocardial Rescue

Prof. Sayed Abdel Fatah



11:45-12:00

More Than Numbers: Combining for Organ Protection, Not Just BP Control

Prof. Mohammed Seleem



12:00-12:15

How Low to Go? Individualizing BP Targets for the Elderly, Diabetics, and CKD

Prof. Yasser Zoghary





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Session
03

Precision Hypertension Management 2025 Roadmap



12:15 - 01:15 PM

Prof. Ahmed El Hawary
Prof. Ahmed Ghalid
Prof. Fathi Makladi

Prof. Gamila Nasr
Prof. Hamza Kabeel
Prof. Khaled Al-Nady

CHAIRPERSONS

12:15-12:30

ESC/ESH 2024 Hypertension Guidelines: What's New & What Matters Most? **Prof. Yasser Huzayen**

12:30-12:45

Blood Pressure Variability as a Cardiovascular Risk Marker **Prof. Moustafa Mokareh**



12:45-01:00

Legacy of Telmisartan in Management of Hypertension **Prof. Yasser El Sayed**



01:00-01:15

Atrial Stiffness and Its Role in Refractory Hypertension **Prof. Emad Abdel Hay**



01:15 - 01:30 PM

Coffee Break



Session
04

Heart Failure Optimization - Therapeutic Targets 2025



01:30 - 02:30 PM

Prof. Ahmed Hassan
Prof. Bassem Zarif
Prof. Khaled El Khashab
Prof. Mohamed Hamza Kabeel

Prof. Moheb Magdy
Prof. Nasr Taha
Prof. Yasser El Sayed

CHAIRPERSONS

01:30-01:45

HF Post-MI: Risk Stratification and Treatment Pathways

Prof. Hamza Kabeel



01:45-02:00

Anemia in Heart Failure: Marker of Disease or Modifiable Risk Factor?

Prof. Mahmoud Youseef



02:00-02:15

The Forgotten Vital Sign: Heart Rate as a Prognostic Target in Chronic CVD

Prof. Bassem Zareef



02:15-02:30

SGLT2 Inhibitors in Heart Failure: Evidence Across the Ejection Fraction Spectrum

Prof. Nabil Farag





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Session
05

**Women's Cardiovascular
Health - Sex-Specific Strategies**



02:30 - 03:30 PM



**Prof. Eman El Shareef
Prof. Gamela Nar
Prof. Hanan Kamal**

**Prof. Mona Karem
Prof. Reghda El Sheikh
Prof. Samah Edris**

CHAIRPERSONS

02:30-02:45

**When Angio Isn't Enough: The Imaging Toolbox for
Women with Chest Pain**

Prof. Azza Farag

02:45-03:00

**Hormones and the Heart: Estrogen, Menopause, and
Atherosclerosis**

Prof. Heba Atalla Attia

03:00-03:15

**Beyond Glucose Control: GLP1RA Use in Female
Diabetic Patients"
Personalized therapy in women with obesity**

Prof. Inas Shaltot

03:15-03:30

Role of Nuclear MPI in Diagnosis of Women with Chest

Prof. Alia Hassan

State-of-the-art lecture

**Prof. Emad Abdel Hay
Prof. Bassem Zarif**

**Prof. Moheb Magdy
Prof. Tarek Naguib**

CHAIRPERSONS

3:30-3:45

**Hypertension & Dyslipidemia: The Two Partners in
Crime**

Prof. Hesham Salah





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Session
06

**Antithrombotic & Anticoagulation -
2025 Roadmap**



03:45 - 04:30 PM

**Prof. Abdala Attia
Prof. Ahmed yassin
Prof. Azza Farag
Prof. Habatallah Attia**

**Prof. Haitham Farid
Prof. Mahmoud Youssef
Prof. Shareef Arafa
Prof. Wael Kelany**

CHAIRPERSONS

03:45-04:00

**Personalized Anticoagulation: Risk-Based Strategies
for Stroke and Bleeding (CHA₂DS₂-VASC vs. HAS-BLED)**

Prof. Naser Taha



04:00-04:15

**Perioperative DOAC Management: Bridging or
Holding?**

Prof. Mohamed Abdel Baset

04:15-04:30

**The Art of Personalizing Lipid Control: Matching
Therapy to Patient Profiles**

Prof. El Sayed Farrag



Session
07

**Cardio-Diabetology Meets Precision:
A Personalized Care Revolution**



04:15 - 05:15 PM

**Prof. Ahmed El Ghalid
Prof. Bassem Abdel Hameed
Prof. Hesham Salah
Prof. Khaled Layon**

**Prof. Mohamed khaliil
Prof. Omar hassouna
Prof. Osama Elsherbiny**

CHAIRPERSONS

04:15-04:30

Reviving Hearts: Dapagliflozin's Journey in HF

Prof. Bassem Zarif



04:30-04:45

Follow the Target! Cruciality of Effective Titration

Prof. Eman Zaky

04:45-05:00

**Practical Prescribing of SGLT2 Inhibitors: Who, When,
and What to Watch For**

Prof. Hesham El Hefnawy



05:00-05:15

**Combined Lipid-Lowering Therapy in Diabetics: From
Guidelines to Practice**

Prof. Wael Kelany





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Expert opinion:

05:15 - 05:30

From Trials to Practice: The Entresto Era in Heart Failure Management

Prof. Ayman Mortada



Session

08

Cardio-Renal Roadmap 2025



05:30 - 06:45 PM

CHAIRPERSONS

Prof. Ahmed Zahran
Prof. Bassma Othman
Prof. Gamal Tawfeq
Prof. Hamdy Hassan

Prof. Ibraheem Amer
Prof. Mohammed Keshawy
Prof. Sameh El Zaki
Prof. Tareq Madhat

05:30-05:40

Cardio-Renal-Metabolic Syndrome: One Disease, Many Faces

Prof. Tareq Tantawy

05:40-05:50

The Burning Question: Epigastric Pain Bridging Cardiology, GI, and Beyond

Prof. Mohamed Amer



05:50-06:00

Finerenone in Focus: Bridging the Gap Between DKD and Preserved Heart Function

Prof. Samah Idris



06:00 - 06:15

Albuminuria as a Cardiovascular Risk Marker: What Every Cardiologist Should Monitor

Prof. Saied Khames

06:15-06:30

Slowing the Pulse, Saving the Heart: Old Drug, New Relevance

Prof. Fathi Nada



06:30-06:45

Panel Discussion & Closing Remarks

All Chairpersons

06:45 PM

Closing & Dinner





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State of the Art

Prof. Ahmed El Ghalid
Prof. Fathi Makladi

Prof. Fathy Nada
Prof. Mohamed Elmerry

CHAIRPERSONS

02:00- 02:15

DOACs Decoded: Tailoring Therapy for Afib, VTE & Beyond

Prof. Tamer Abo Arab



Session

01

Psycho-Cardiology Roadmap 2025



02:15 - 03:15 PM

Prof. Ahmed El Ghalid
Prof. Ahmed Fareed
Prof. Amal Rezeq Allah
Prof. Aya Daoud

Prof. Haytham Soliman
Prof. Khaled El Nady
Prof. Taghreed Helal
Prof. Tareq El Kholy

CHAIRPERSONS

Interactive Panel Discussion + Case-Based



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Session

02

Pulmonary Hypertension - Medical & Surgical Frontiers



03:15 - 04:00 PM

CHAIRPERSONS

Prof. Azza Farag
Prof. Fathi Makladi
Prof. Hesham Hegazy
Prof. Kareem Said
Prof. Khaled El Nadi

Prof. Mohammed Hegazy
Prof. Mohamed Khalil
Prof. Osama Sanad
Prof. Taghreed Helal

03:15-03:30

From Diagnosis to Drug Choice: Tailoring Medical Therapy by PH Subtype

Prof. Ayman Farghaly



03:30-03:45

Beyond Medical Therapy: When to Refer for Surgery in Pulmonary Hypertension

Prof. Abdel Rahman Afifi

03:45-04:00

Role of Echocardiography in Assessment and Management of Pulmonary Hypertension

Prof. Ahmed Mohsen

Coffee Break



Session

03

Resistant Hypertension & Organ Protection - 2025 Roadmap



04:00 - 05:00 PM

CHAIRPERSONS

Prof. Ahmed Barbary
Prof. Ahmed El Hawary
Prof. Ahmed Tageldien
Prof. Esam abd elwahhab

Prof. Haytham Soliman
Prof. Hesham Hegazy
Prof. Heba El Deeb
Prof. Khaled El Nady

04:00-04:15

Management of Elevated Blood Pressure: 2025 New Concepts

Prof. Kareem Said

04:15-04:30

The Quiet Threat: INOCA, MINOCA, and Microvascular Angina

Prof. Khaled El Nady

04:30-04:45

Care dpine, beyond hypertension control

Prof. Tamer Moustafa



04:45-05:00

Two Paths, One Goal: Optimizing Heart Failure Care with Beta Blockers and SGLT2 Inhibitors

Prof. Mohammed El Tohafa





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Session
04

**Cracking the Code of Residual Risk
Dyslipidemia Strategy**



05:00 - 06:00 PM

**Prof. Ahmed El Ghalid
Prof. Atef Elbahry
Prof. Kareem Saied**

**Prof. Khaled El Nady
Prof. Osama Sannad
Prof. Tareq El Kholi**

CHAIRPERSONS

05:00-05:15

**Bempedoic Acid: The new tool for Dyslipidemia
Management**

Prof. Tamer Moustafa



05:15-05:30

**PCSK9 Inhibitors: The LDL-C Revolution – From
Genetics to Clinical Practice**

Prof. Islam Shawky

05:30-05:45

When statin is not for life?

Prof. Hossam Hosny

Session
05

**Diabetes 2025 Roadmap Bridging Gaps
Between Guidelines & Real-World Practice**



05:45 - 07:00 PM

**Prof. Ayman El Fateh
Prof. Hesham Showman
Prof. Mohammed Al Assy**

**Prof. Mohammed El Merry
Prof. Mohammed Emam
Prof. Tamer Moustafa**

CHAIRPERSONS

05:45-06:00

**DPP-4 Inhibitors vs. Other Oral Agents: A Pragmatic
Guide for Primary Care**

Prof. Fareed Fawzy



06:00-06:15

**SGLT2 Inhibitors: The Multiorgan Protectors in Modern
Medicine**

Prof. Myada Moussa



06:15-06:30

Oral semaglutide the first and only oral glp-1 ra

**Prof. Moustafa
Abo El Yazied**



06:30-06:45

**The Potassium Channel Paradox: Vopoprazan's
Mechanism & Cardiac Implications**

Prof. Mohammed Hegazy



06:45-07:00

**Nerves on Edge: Unraveling Neuropathy & Diabetic
Nerve Damage**

Prof. Fathi Nada



07:00 PM

Photo Gathering Et Conference Dinner Break





Glimpacare Family

THE LOGICAL
CHOICE

G

At **Multicare** Pharmaceuticals, we are committed to deliver innovative and reliable health-care solutions. With a diverse portfolio spanning multiple therapeutic areas, we strive to enhance patient care and support your clinical needs.

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continued dedication to
patient health.

Best regards,
Multicare Pharmaceuticals
Team









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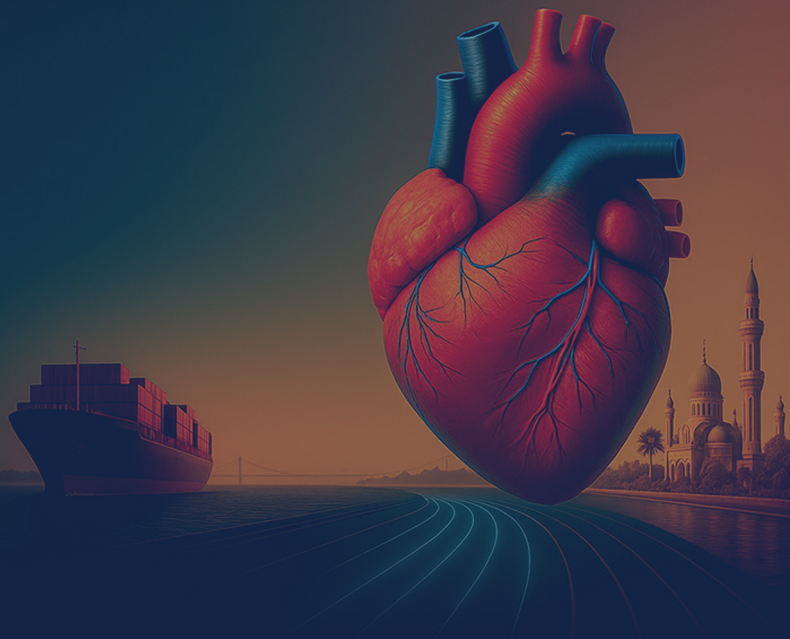


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