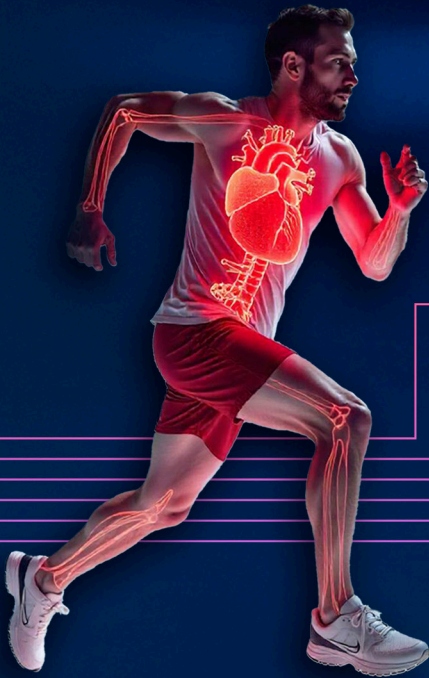




POLICE

SPORTS MEDICINE SUMMET



16

JAN 2025

SUNRISE HOTEL ALEXANDRIA

Scientific Program



POLICEsms

SPORTS MEDICINE SUMMET

HONORARY PRESIDENTS

Prof. Mostafa Nawar
Professor of cardiology
Alexandria university

Prof. Hossam Mowafy
Professor of internal medicine and ICU
Kasr Al-Ainy, Cairo University

CONFERENCE PRESIDENT

Major General Dr. Hosam Osman
Orthopedic consultant, Police Hospitals

GENERAL SECRETARY

Brigadier Dr. Lamiaa Sallam
Manager of Cardiovascular disease center

2





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SCIENTIFIC COMMITTEE

In Alphabetical Order

Prof. Ahmed Ashraf
Prof. Ashraf Salem
Prof. Amir Nazih
Prof. Asem Abdelrazek
Prof. Farag Abed Elmonen Aly
Prof. Hosam Alshafey
Prof. Hosam Bahy
Prof. Hany Neamatallah
Lieutenant colonel Marwa Morsy
Prof. Mohamed Ayman Abdelhay
Prof. Mohamed Lutfy
Prof. Mohamed Sadaka
Colonel Mohammed abdelgawad
Major General Dr. Mazhar Abdel Wahed
Prof. Motaz zaky
Prof. Sheren Gengihy
Prof. Sherief Wagdy
Brigadier Dr Salah Ashour





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09:30 - 10:30

Registration



SPORTS PHYSICAL THERAPY

Professor Asem Abdelrazek
Prof Dr Amir Nazih
Major General Dr Mazhar Abdel Wahed
Brigadier Dr Salah Ashour

10:30 - 10:55

Assessment of power, speed, and endurance capabilities among different athletics specialists
Prof. Farag Abed Elmonen Aly

10:55 - 11:00

Discussion

11:00 - 11:30

Opening Ceremony



CARDIO

Prof. Asem Abdelrazek
Major General Dr Ashraf Salem
Major General Dr Gamal Abdelhafez
Prof Hossam Mowafy
Brigadier Dr Lamiaa sallam
Prof Mostafa Nawar

11:30 - 11:50

Chest pain and Dyspnea in young athelrts : when to worry ?
Prof. Hany Neamatalla

11:50 - 12:10

Pre participation Cardiac imaging in athltes
Prof. Ahmed Ashraf

12:10 - 12:15

Discussion





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CARDIO

Prof Hosam Bahy
Colonel Dr Mohamed farok
Prof. Mohamed Ayman Abdelhay
Prof Sheren Gengehy
Prof Sherif Wagdy

12:15 - 12:35

ECC interpretation and arrhythmia in athletes
Prof Moataz Zaky

12:35 - 12:55

5 Pillars for Management of HFrEF
Prof Mohamed Sadaka

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12:55 - 13:00

Discussion

13:00 - 13:15

Coffe Break

5





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ORTHO

Prof Bahaa Metwea
Prof Hossam Elshaffie
Colonel Dr Mohamed Abd Elgwad
Prof Yasser Aref

13:15 - 13:35

ACL injury
Prof Hossam Elshaffie

13:35 - 13:55

Shoulder dislocation
Prof Yasser Aref

13:55 - 14:15

Meniscal repair
Prof Hesham Gawesh

14:15 - 14:20

Discussion



SPORTS PHYSICAL THERAPY

Prof Dr Amir Nazih
Prof Dr Farag Abed Elmonen Aly
Brigadier Dr Salah Ashour

14:20 - 14:30

Integrating Physical Therapy for Optimal Cardiac Rehabilitation : Evidence - based practices
Prof Haitham Elessawy

14:30 - 14:40

ACL Recent rehabilitation Guidelines
Prof Ahmed Abdelaziz Khalil

14:40 - 14:50

Orthomedics solutions for sports-related injuries.
Dr. Abeer Fathi

14:50 - 15:00

Discussion & Closing

6





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 **Parkville**
PHARMACEUTICALS

ORTHOMEDICS





Egypt Branch

Ramses 2 Extension - Building 285 -
In front of the Ministry of Finance - Nasr City
+20111222538 - +201002194520
+20111222542 - +201006550465
+20111222539 - +201003628022
egypt@elite-eventsmanag.com
ceo@elite-eventsmanag.com

Gulf Branch

P.O. Box :182211, Dubai, United Arab Emirates
+971 5 88 44 66 0 9
info@leqaauae.com
www.leqaauae.com

